

PREPARATION & INTRODUCTION

INTRODUCTION: (4 minutes)

- Ask the following questions to assess the participants' knowledge and get them ready to learn.
 - Have you ever been in a wilderness area before? If so describe what made it a wilderness.
 - Have you heard of, or been to, the Boundary Waters Canoe Area Wilderness?
- Explain that the unit will explore the idea of wilderness and wilderness areas around the country (including one in our "backyard") and why wilderness areas exist.

PREPARING FOR UNIT ONE:

- Read through the unit and familiarize yourself with all of the materials before starting the activities.
- Make sure you have a chalkboard or large piece of paper to create the What is Wild? list.
- Set up the room so participants have an area to move around during Vote With Your Feet. You will need approximately 15-20 square feet of empty space depending on the number of participants.
- Take the materials out of the BWCA Wilderness Kit marked "Unit One: What is Wilderness?"
- Plug in the tape cassette/CD player, insert the Vote With Your Feet Sounds tape/CD and have the bag of Vote With Your Feet objects and images ready.



ACTIVITY ONE: WHAT IS WILD?

TIME: 3 minutes

MATERIALS NEEDED:

Chalkboard and chalk OR large sheets of paper and markers to create the What is Wild? list.

OBJECTIVE:

 Participants will classify those objects, images, and sounds that represent wilderness.

INSTRUCTIONS:

Use a chalkboard or large sheet of paper that all participants can see.

- Brainstorm with participants a list of words that describe wilderness.
- 2. Make another list of things that should be in wilderness.

INSTRUCTOR'S NOTE:

Expect that participants' ideas and opinions will differ. There is not necessarily a right or wrong answer in this activity. Encourage discussion. The point of the activity is to demonstrate that not everyone agrees on what should be in the wilderness.



ACTIVITY TWO: VOTE WITH YOUR FEET

OBJECTIVES:

- Participants will classify those objects, images, and sounds that represent wilderness.
- Participants will observe how the word "wilderness" evokes different meanings.

INSTRUCTIONS:

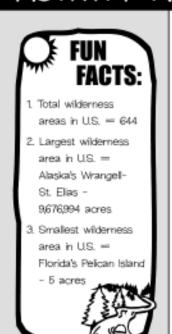
- 1. Ask all of the participants to stand up.
- Establish two ends of a continuum in the room about 15 feet apart (depending on size of room, and size of group). Label one end of the room, Belongs in Wilderness and the other Does Not Belong in Wilderness with the signs provided.
- 3. Get the bag of Vote With Your Feet items.
- 4. Ask 5-7 volunteers to pull out Vote With Your Feet objects one at a time. When the group sees the object, each individual must choose where to stand along the continuum depending upon what he or she thinks. A participant is allowed to stand anywhere, including the middle or either end.
- Discuss some of the participants' "votes;" allow time for some group discussion. Get participants to elaborate on their points and encourage others to respond.
 - · Why did they choose that vote?
 - · Who disagrees/agrees and why?
 - What would they change about that item to ensure that it does or does not belong?

TIME: 15 minutes MATERIALS NEEDED:

- Belongs in Wilderness and Does Not Belong in Wilderness signs
- Vote With Your Feet items and images
- Tape/CD Player
- Vote With Your Feet Sounds tape/CD
- Instructor Reference Sheet: Vote with Your Feet Object, Image and Sound Identification Sheet



ACTIVITY TWO: VOTE WITH YOUR FEET



- Next, hold up some of the Vote With Your Feet Images and/or play some of the Vote With Your Feet Sounds from the tape/CD and repeat voting.
- 7. Conclude the activity by asking participants:
 - · What patterns did they notice as they were voting?
 - What would they add to, or subtract from, their initial words from the What is Wild? list made earlier?
 - If they had to decide what areas to designate as wilderness, how would they choose these areas? What factors would affect their decision?



INSTRUCTOR REFERENCE SHEET (1 OF 2)

VOTE WITH YOUR FEET OBJECT, IMAGE AND SOUND IDENTIFICATION SHEET

Objects

(Some of the objects are replicas of the real thing; unless labeled, all other objects are real. The scat has been varnished and is safe to touch; it is not a health hazard.)

- 1. Beaver Tail (replica)
- 2. American Toad (replica)
- 3. White Tailed Deer Antler
- 4. Moose Scat
- 5. Morel Mushroom (replica)
- 6. Bracket Fungus
- 7. Jack Pine Cone
- 8. Wolf Track (casting)
- 9. Black Bear Track (casting)
- 10. White Tailed Deer Fur
- 11. Black Bear Fur
- 12. Bug Spray Bottle
- Glass Bottle
- 14. Fishing Line
- 15. Aluminum Foil Ball
- Walkman and Audio Tape
- 17. Bottle Caps
- Plastic Bags

Images

- 1. Moose and Calf
- 2. Scenic View of Lake
- 3. Eagle
- 4. Loon
- 5. Bear
- 6. Wolf
- 7. Deer
- 8. Owl
- 9. Wildflower (Iris)
- 10. People in Canoe
- Fire Hydrant
- 12. Fast Food
- 13. Mailbox
- 14. Machinery
- Lock and Key
- 16. Snowmobile
- 17. Flower Garden
- 18. Trash Can
- 19. Boom Box
- 20. Mountain Bike
- 21. Snowshoes and Skis



INSTRUCTOR REFERENCE SHEET (2 OF 2)

VOTE WITH YOUR FEET OBJECT, IMAGE AND SOUND IDENTIFICATION SHEET

Sounds

Push PAUSE on the tape/CD player after each sound to allow the group time to identify it.

- 1. Water Lapping at Shore
- Woodpecker
- 3. Loon Call
- 4. Cow
- Chain Saw
- 6. Mosquito
- 7. Telephone
- 8. Traffic
- 9. Grouse Drumming
- 10. Alarm Clock
- 11. People at a Party
- 12. Wind in the Trees
- 13. Lawnmower
- 14. Tent Zipper "Zipping"
- 15. Toilet Flushing
- 16. Beaver Slapping Water with Tail
- 17. Airplane
- 18. Cat
- 19. Wolf Howl



ACTIVITY THREE: WILDERNESS ACT PRIMER

OBJECTIVE:

1. Participants will examine key components of the Wilderness Act.

INSTRUCTIONS:

- Pull out the National Wilderness Preservation System Map. Explain that after many years of debate about what should be in the wilderness, the Wilderness Act of 1964 was created to provide a national, legal definition of wilderness.
- 2. Briefly describe the purpose of the Wilderness Act.
- Hand out one Wilderness Act Primer card to each of nine participants.Each card contains a key passage from the 1964 legislation.
- 4. Instruct the participant holding "Card 1" to read aloud his or her section from the Wilderness Act. After reading the section, have the participant ask the group to describe what it means. Then have the participant read aloud the slogan, appearing in CAPITAL letters, and have the group repeat the slogan. Continue these steps with each of the next eight primer cards. Finish by having the participants read aloud their sections consecutively, without the slogans.

TIME: 15 minutes

MATERIALS NEEDED:

- National Wilderness
 Preservation System Map
- 2. Wilderness Act Primer Cards
- Instructor Reference Sheet: Wilderness Act of 1964 Excerpts
- Instructor Reference Sheet: Wilderness Act Primer Cards



INSTRUCTOR REFERENCE SHEET

WILDERNESS ACT OF 1964 EXCERPTS

The Wilderness Act (16 U.S.C. 1131-1136) Sept. 3, 1964

Sec. 2.(a)

In order to assure that an increasing population, accompanied by expanding settlement and growing mechanization, does not occupy and modify all areas within the United States and its possessions, leaving no lands designated for preservation and protection in their natural condition, it is hereby declared to be the policy of the Congress to secure for the American people of present and future generations the benefits of an enduring resource of wilderness. For this purpose there is hereby established a National Wilderness Preservation System to be composed of federally owned areas designated by Congress as "wilderness areas," and these shall be administered for the use and enjoyment of the American people in such a manner as will leave them unimpaired for future use and enjoyment as wilderness, and so as to provide for the protection of these areas, the preservation of their wilderness character, and for the gathering and dissemination of information regarding their use and enjoyment as wilderness; and no Federal lands shall be designated as "wilderness areas" except as provided for in this Act or by a subsequent Act.

Sec. 2.(c) DEFINITION OF WILDERNESS

A wilderness, in contrast with those areas where man and his own works dominate the landscape, is hereby recognized as an area where the earth and its community of life are untrammeled by man, where man himself is a visitor who does not remain. An area of wilderness is further defined to mean in this Act an area of undeveloped Federal land retaining its primeval character and influence, without permanent improvements or human habitation, which is protected and managed so as to preserve its natural conditions and which (1) generally appears to have been affected primarily by the forces of nature, with the imprint of man's work substantially unnoticeable; (2) has outstanding opportunities for solitude or a primitive and unconfined type of recreation; (3) has at least five thousand ares of land or is of sufficient size as to make practicable its preservation and use in an unimpaired condition; and (4) may also contain ecological, geological, or other features of scientific, educational, scenic, or historical value.



INSTRUCTOR REFERENCE SHEET

WILDERNESS ACT PRIMER CARDS

CARD 1:

"It is hereby declared to be the policy of the Congress to secure for the American people of present and future generations the benefits of an enduring resource of wilderness."

SAVE SOME FOR US...SAVE SOME FOR US!!

CARD 2:

"A wilderness is hereby recognized as an area where the earth and its community of life are untrammeled..."

PLANTS AND ANIMALS COME AND GO AND GROW AS THEY PLEASE.

CARD 3:

"...where humans are visitors and do not remain..."

THANKS FOR VISITING. DON'T STAY TOO LONG!

CARD 4:

"...an area of undeveloped Federal land retaining its primeval character and influence..."

IT LOOKS LIKE NO HUMAN HAS BEEN HERE FOR YEARS!

CARD 5:

"...without permanent improvements or human habitation..."

NO CONSTRUCTION, NO DESTRUCTION

CARD 6:

*...which is protected and managed so as to preserve its natural condition which generally appears to have been affected primarily by the forces of nature..."

WHAT CHANGES THIS PLACE? WIND, WATER, FIRE AND TIME!

CARD 7:

*...has outstanding opportunities for solitude or a primitive and unconfined type of recreation..."

WE COULD WALK OR PADDLE FOR DAYS AND NOT SEE A SOUL.

CARD 8

*...has at least 5,000 acres of land or is of sufficient size to make practicable its preservation and use in an unimpaired condition..."

5,000 ACRES MAKES A WILDERNESS TAKER.

CARD 9:

"...may also contain ecological, geological, or other features of scientific, educational, scenic, or historical value..."

HISTORY, GEOLOGY, AND ECOLOGY OH MY!

(taken from the Wilderness Act, 1964 P16 U.S.C. 1131-1136, Sept. 3, 1964)



ACTIVITY FOUR: WILDERNESS IN OUR BACKYARD

TIME: 8 minutes

MATERIALS NEEDED:

- 1. Map of BWCAW
- Instructor Reference Sheet: Wilderness Act of 1964 Excerpts
- Instructor Reference Sheet: What is the Boundary Waters Canoe Area Wilderness?
- Wilderness Act Primer Cards (9)

OBJECTIVES:

- 1. Participants will locate the BWCAW on a map.
- 2. Participants will understand the unique characteristics of the BWCAW.

INSTRUCTIONS:

- Explain to participants that Minnesota is fortunate to have a wilderness area right in "our backyard."
- 2. Spread out the Boundary Waters Canoe Area Wilderness map.
- 3. Have participants gather around the map or hang it on a wall.
- Take time for stories of those who have traveled to certain lakes or rivers.
- Share information from the What is the Boundary Waters Canoe Area Wilderness? sheet.
- 6. Ask participants to compare the list of BWCAW characteristics with their original What is Wild? list and the principles from the Wilderness Act. Review the Wilderness Act Primer cards, or spread them out so all the participants can gather around if needed.



INSTRUCTOR REFERENCE SHEET (1 OF 4)

WHAT IS THE BOUNDARY WATERS CANOE AREA WILDERNESS?

Great glaciers carved the physical features of what is today known as the Boundary Waters Canoe Area Wilderness (BWCAW) by scraping and gouging rock. The glaciers left behind rugged cliffs and crags, canyons, gentle hills, towering rock formations, rocky shores, sandy beaches and several thousand lakes and streams, interspersed with islands and surrounded by forest.

The BWCAW is a unique natural area located in the northern third of the Superior National Forest in northeastern Minnesota. Approximately 1.3 million acres in size, the BWCAW extends nearly 150 miles along the International Boundary adjacent to Canada's Quetico Provincial Park and is bordered on the west by Voyageurs National Park. The BWCAW contains over 1,200 miles of canoe routes, 16 hiking trails and approximately 2,000 designated campsites and offers freedom to those who wish to experience solitude, challenge and personal integration with nature. Because this area was set aside in 1926 to preserve its primitive character and made a part of the National Wilderness Preservation System in 1964, the BWCAW allows visitors to canoe, portage and camp in the spirit of the French Voyageurs of 200 years ago.

Due to concerns about increased development that could have changed the natural character of the area that is now the BWCAW, early conservationists, both within and outside of the government, responded with efforts to protect the region. Their efforts led tothe withdrawal by the General Land Office of 500,000 acres from potential settlement. In 1909, President Theodore Roosevelt used these early land withdrawals to create Superior National Forest, Lavers of additional protections for the Superior National Forest and the BWCAW have been added ever since, including the first administrative wilderness designation in 1926; inclusion of the BWCAW as an original wilderness under the 1964 Wilderness Act; and further protection of the region with the 1978 Boundary Waters Canoe Area Wilderness Act. The purpose of the Boundary Waters Canoe Area Wilderness Act of 1978 (Public Law 95-495) was to protect, enhance, and preserve the natural values of the lakes, waterways, and associated forests of the area. The act also intended to create orderly public use of the wilderness while protecting the area's aesthetic, cultural, scientific, recreational, and educational values to the nation. The act was debated in Congress for three years. The Congressional deadlock was finally broken when a representative for northeastern Minnesota residents and a representative from environmental groups met in a marathon negotiating session and reached a compromise agreement. The implementation of the BWCA Wilderness Act has resolved some of the issues concerning the management of the BWCAW. The act changed the BWCAW from an area of timber products and multiple forms of recreation to an area producing primarily a wilderness experience. It enhanced the recreational opportunities for those activities most supportive of the wilderness experience. The BWCAW is visited by more than 200,000 people annually, making it the most



INSTRUCTOR REFERENCE SHEET (2 OF 4)

heavily used wilderness area in the country and complicating the Forest Service's job of balancing recreational use and wilderness values. The BWCAW is and has been popular throughout time because of its unique characteristics:

- One of the most unique features of the BWCAW is the great abundance and arrangement of lakes and streams. Approximately 1,175 lakes varying in size from 10 acres to 10,000 acres and several hundred miles of streams comprise about 190,000 acres (20 percent) of the BWCAW surface area. The opportunity for long-distance travel by watercraft through a series of interconnecting lakes, waterways, and portages in a scenic forest environment was a primary force behind wilderness designation. This type of experience is rare within the continental United States. The BWCAW is the only large lake land wilderness in the National Wilderness Preservation System. Canoeists can explore over 1,200 miles of routes, including some that trace those used by Native Americans and fur trading Voyageurs.
- The BWCAW is the largest and only federal wilderness of substantial size east of the Rocky Mountains and north of the Everglades.
- The BWCAW is one of four key protected areas in the international Quetico-Superior Ecosystem that
 includes Voyageurs National Park, Ontario's Quetico Provincial Park, and Ontario's LaVerendrye Provincial
 Park. This ecosystem stretches over 2,500,000 acres, creating an international wilderness of immense biological,
 recreational, and intrinsic value to both the United States and Canada. The combined protected area of the
 BWCAW, Voyageurs and Quetico is 3,859 square miles an area larger than Yellowstone National Park.
- Geologically, the BWCAW occupies the lower portion of the Canadian Shield. It is located on the remains
 of the ancient Laurentian Mountains, some of the oldest rock in North America. The Laurentian Divide
 separates two major drainage basins in the BWCAW: the Hudson Bay and the Great Lakes. About 90 percent
 of the BWCAW lies within the Hudson Bay basin and the remaining 10 percent flows into the Great Lakes.
 The BWCAW contains the highest point in Minnesota: Eagle Mountain (2,301 feet).
- The BWCAW is characterized as unique, pristine, endangered, rugged, primitive, beautiful, and fragile. It is a place to explore, reflect, challenge oneself, and refresh the human spirit. Visitor studies indicate that the top six motives for visiting the BWCAW include nature appreciation, personal development, escape/solitude, companionship, adventure, and fishing. Canoeing, hiking, skiing, dogsledding, fishing, hunting and camping throughout the seasons are a few of the recreational activities the wilderness supports. This land has inspired countless artists, photographers, poets, and writers.



INSTRUCTOR REFERENCE SHEET (3 OF 4)

- The BWCAW is the most heavily used wilderness in the country with approximately 200,000 annual visitors staying for 1.5 million "recreation visitor days." The BWCAW represents less than one percent of the acreage of the National Wilderness Preservation System (NWPS), but receives 10 percent of the use in the entire NWPS. Approximately 65 percent of BWCAW visitors live in Minnesota.
- The BWCAW has a rich human history beginning with sites from the Paleo-Indian culture of 10,000-12,000 years ago. There are numerous cultural resource sites in the BWCAW resulting from the Woodland period (500 B.C. 1650 A.D.) and historic Native American settlements and activities. These include camping sites, villages, wild ricing sites, burial mounds, pictographs, and sites of spiritual and traditional importance. The BWCAW also contains evidence of a number of historic European and early American activities ranging from the fur trade up to and including early logging and settlement of the area.
- The BWCAW is a Class I air quality area, as defined by the federal Clean Air Act. It is the only wilderness in the
 country that has an airspace reservation, which requires airplanes and helicopters to fly at a minimum of
 4,000 feet above the area. The airspace reservation was created by an Executive Order in 1949 by President
 Harry Truman. The White House is the only other airspace reservation in the country.
- The BWCAW provides a unique place for types of research and education that cannot be accomplished in more developed places. The types of research include plant and animal ecology, animal behavior, paleoecology, geology, fire history, and limnology. The BWCAW is also an important place of education for students learning natural history, science, and primitive skills.
- The BWCAW contains the largest contiguous area of virgin forest remaining in the eastern United States.
 The BWCAW lies at the transition between the southern most edge of the boreal forest and the Great Lakes Forest, providing aspen, birch, spruce, fir and pine forest habitat. In these woodlands, humans and wildlife enjoy a variety of woodland wildflowers and berries, including the Showy Lady Slipper, blueberries, raspberries, and wild cherries.
- Superior National Forest, including the BWCAW, was named by the American Bird Conservancy in 2001
 as one of 100 Globally Important Bird Areas. The BWCAW provides critical habitat to many species of
 neo-tropical migrating birds birds which breed in North America and migrate to Central and South
 America in the winter. The year-round resident bird population includes raven, pileated woodpecker, gray
 jay, chickadee, ruffed and spruce grouse, and the great horned owl. Summer residents include several species
 of warblers, white-throated sparrow, red-eyed vireo, cedar waxwing, bald eagle, common loon, merganser,
 black duck, northern goshawk, broad-winged hawk, osprey and peregrine falcons, an endangered species.



INSTRUCTOR REFERENCE SHEET (4 0F 4)

- The BWCAW provides important habitat to many wildlife species at all levels of the food chain including gray wolf, red fox, lynx, fisher, pine martin, mink, otter, weasel, black bear, moose, beaver, red-backed salamander, southern bog lemming, northern leopard frogs, bats, white tailed deer, black bear, beaver, porcupine, snowshoe hare, red squirrel, and chipmunk. The fish population includes lake trout, walleye, northern pike, smallmouth bass, largemouth bass, perch, crappie, whitefish, sucker, sturgeon, burbot, and many species of minnows. As any summer visitor will tell you, the BWCAW is also home to an abundant array of insects.
- Because of its unique characteristics the BWCAW was included in a list of the 50 greatest places to visit in a lifetime, as compiled by the National Geographic Society (NGS) in 1999. The NGS identified destinations that "no curious traveler should miss" and the BWCAW was included alongside places such as Antarctica, the Amazon, the Grand Canyon, the Giza pyramids, the Great Wall of China and the Taj Mahal.



UNIT CLOSING

- Briefly review the words on the What is Wild? list and ask participants to think about how they would define wilderness.
- Briefly review what happened during the Vote With Your Feet activity and ask participants to think about how other individuals may define wilderness differently than they do.
- Briefly review the Wilderness Act Primer Cards and remind participants that the Wilderness Act of 1964 created a legal definition of wilderness.
- Review with participants a few of the unique characteristics of the BWCAW.
- 5. Ask participants questions such as the following:
 - · Is it good to have wilderness areas? Defend your answer.
 - Do you think it is good to have an Act that defines, designates and protects wilderness? Why?
 - What are the advantages and disadvantages of setting aside wilderness areas?

TIME: 9 minutes

MATERIALS NEEDED:

- What is Wild? list developed in Activity One
- Wilderness Act Primer Cards
- Instructor Reference Cards:
 What is the Boundary
 Waters Canoe Area
 Wilderness?



WILDERNESS PASSPORT

MATERIALS NEEDED:

- Unit One Wilderness
 Passport Activity Sheet
 (master in manual or
 on CD; make copies
 as needed.)
- Unit One Wilderness Passport stamp and ink pad
- National Wilderness
 Preservation System Map



	own definition of wi	idei ness.	
2. List three p		of a wilderness area.	



EXTENSIONS



- Alaska contains
 percent of all federally-designated wilderness areas in the United States.
- The BWCAW is the most heavily used wilderness in the National Wilderness Preservation System.

OBJECTIVES:

- 1. Participants will write their own definition of wilderness.
- 2. Participants will list three principles or features of a wilderness area.
- Participants will list three unique characteristics of the BWCAW as defined by the Wilderness Act of 1964.

INSTRUCTIONS:

- Give each participant a copy of the Unit One Wilderness Passport (master in manual or on CD).
- 2. Ask participants to complete Unit One Wilderness Passport.
- 3. Stamp each participant's passport when the section is complete.



ADDITIONAL INFORMATION & RESOURCES

FOR MORE INFORMATION:

The BWCA Wilderness Kit was jointly produced by the Boundary Waters Wilderness Foundation and the United States Forest Service-Superior National Forest. Both are available to answer questions regarding content, instruction, and materials of the kit.

Boundary Waters Wilderness Foundation

401 North Third Street Suite 290 Minneapolis, MN 55401 (612) 332-9630 Fax: (612) 332-9624

E-mail: info@friends-bwca.org www.friends-bwca.org

Superior National Forest

8901 Grand Avenue Place Duluth, MN 55808-1102 (218) 626-4300

Fax: (218) 626-4354

E-mail:

r9_superior_NF@fs.fed.us www.fs.fed.us/r9/superior

MIDDLE:

Read, Listen and View (Learning Area 1)

NON-FICTION:

- Comprehend, interpret, and evaluate information from a variety of non-fiction formats in reading, listening, and viewing.
 - Identify main ideas and supporting details.
 - Interpret presentations of data in connection with other information in the text.

MIDDLE

Write and Speak (Learning Area 2)

INTERPERSONAL COMMUNICATION:

 Communicate effectively in a small group by giving a demonstration or presenting new information in a small group.

MIDDLE:

Social Studies (Learning Area 7)

CURRENT ISSUE ANALYSIS:

Defend a position concerning a current event or issue by demonstrating understanding of the history, facts, controversy, values, beliefs, and emotions surrounding the issue.

4. Education Curriculum - Gulf Islands National Seashore

Gulf Islands National Seashore Wilderness Curriculum Guide

Major Concepts	Activities to Explore Major Concepts

WEB I: What is "wilderness"?

Introductory Activity I: Gulf Islands National

Seashore wilderness slide show

• Why is wilderness important? Activity 2: *The Lorax*

How has wilderness been lost? Activity 3: Where Once There Was a Wood

Activity 4: Barrier Islands On the Move

• Who cares for/manages wilderness? Activity 5: The Wilderness Act

What does wilderness mean to you?
 Culminating Activity 6: Wilderness Metaphors

WEB II: The Leave No Trace Ethic Introductory Activity 7: The Leave No Trace Ethic

• Plan ahead and prepare. Activity 8: Be Prepared!

Activity 9: Learning Centers:

Learning Center A: Keeping an Eye on the

Weather

Learning Center B: Map Skills Learning Center C: Using a compass Learning Center D: Knot-tying Learning Center E: Seeing Night Skies

• Travel and camp on durable surfaces. Activity 10: Hiking and Camping on Wilderness

Barrier Islands

• Dispose of waste properly. Activity II: Marine Debris

Leave what you find.
 Activity 12: Beachcomber's Treasures

• Minimize campfire impacts. Activity 13: Fire!

Respect wildlife. Activity 14: Way Stations for Migrating Monarchs

Activity 15: Nesting Creatures

Culminating Activity 16: Wilderness: Conviction of

the Heart